

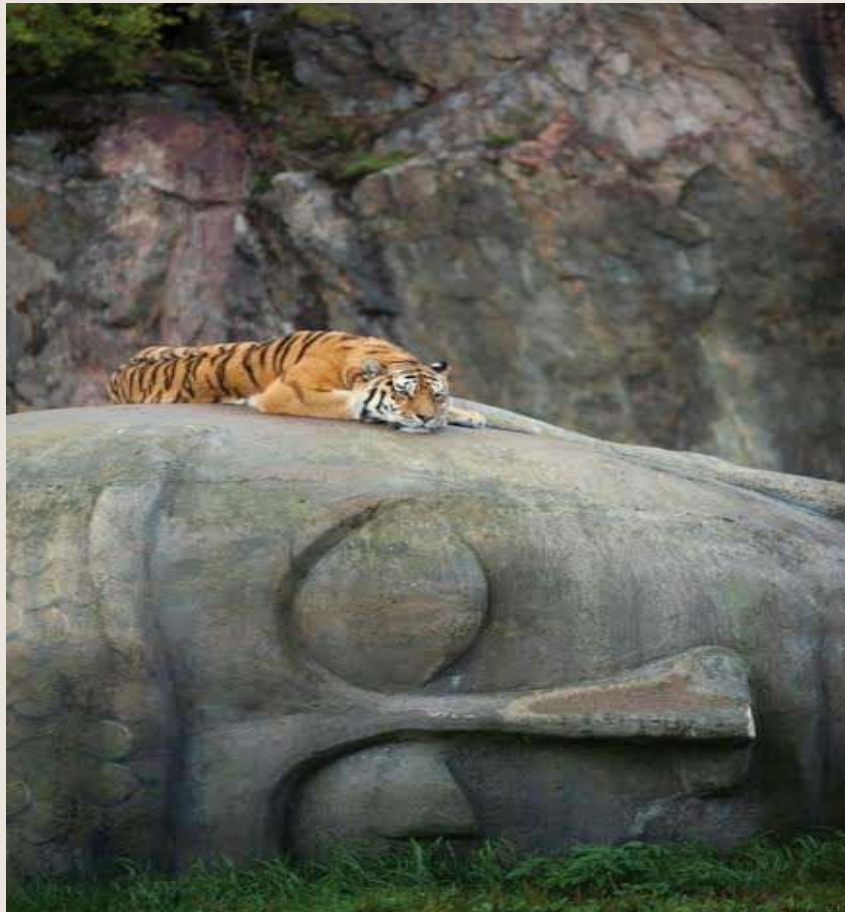


BUDDHISM SPREADS TO CHINA



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BUDDHISM SPREADS TO CHINA



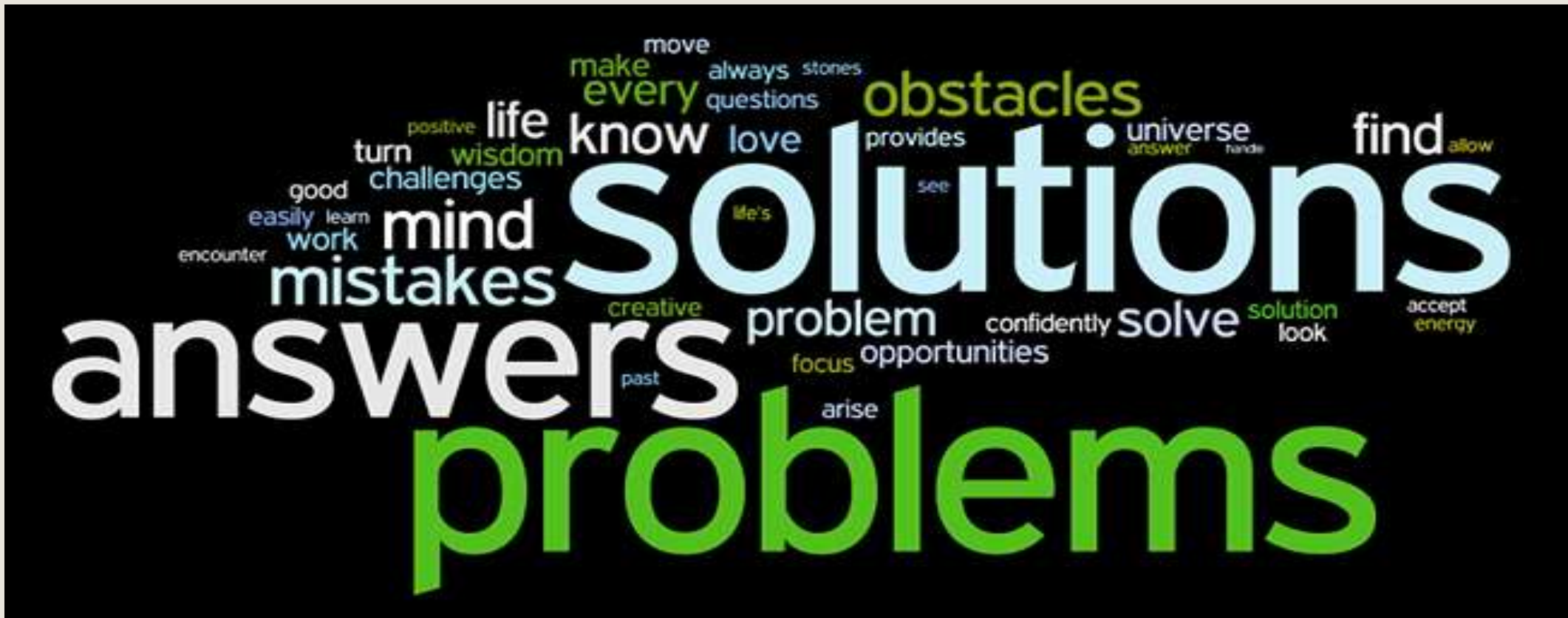
■ Main Idea (Objective) :



- Buddhism became popular in China and spreads to Korea and Japan.

BUDDHISM SPREADS TO CHINA

■ Lecture Focus (Essential Question) :



- Where do you turn when you start having problems? What are your outlets during troubling times? Let's learn why so many Chinese people turned to Buddhism during troubled times.

BUDDHISM SPREADS TO CHINA



- First lets have a little review of **Buddhism**...what can you tell me about the religion???

BUDDHISM SPREADS TO CHINA

- The founder of Buddhism, **Sihartha Gautama** came from a privileged royal family but gave up his position and inheritance to seek salvation.



- He was born in 563 B.C.E. in a small tribal state governed by his father in the foothills of the Himalayas.

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- For his first twenty nine years Siddhartha was protected from the harsh realities of life by his devoted father.



- He stayed mostly on the palace grounds, living in luxury, his every desire fulfilled.

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- Siddhartha felt that there must have been more to life and when he final left the palace he saw the real world for the first time.



- He was absolutely shocked to see the manner in which common people lived, the hardships that plagued their lives.

BUDDHISM SPREADS TO CHINA

- Seeing poverty, sickness, old age and death changed his perspective on life profoundly.



- Siddhartha was determined to understand why there was so much suffering in life and to learn how it could be overcome.

BUDDHISM SPREADS TO CHINA

- In 534 B.C.E. Siddhartha left his wife (cousin), family and all the comforts of home to lead the existence of a holy man.



- He wandered throughout the Ganges River Valley searching for spiritual enlightenment and an explanation for suffering.

BUDDHISM SPREADS TO CHINA

- He sought enlightenment first by means of intense meditation and later extreme simplicity, neither of which satisfied him.



- Then according to Buddhist legend Siddhartha one day decided to sit beneath a large tree in **Bodh Gaya**

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■ The Tree today

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BUDDHISM SPREADS TO CHINA



- The **Mahabodhi Temple** "Great Awakening Temple" was constructed around the original small temple in **Bodh Gaya**,

BUDDHISM SPREADS TO CHINA



- This location has been deemed a “**A world Heritage Site**” due to the fact that Siddhartha Gautama obtained enlightenment here.

BUDDHISM SPREADS TO CHINA

- Siddhartha decided that he would remain under the “**bo**” tree until he fully understood the problem of suffering.
- For forty nine days he sat in meditation as various demons tempted and threatened to shake his resolution.



BUDDHISM SPREADS TO CHINA

- **Mara** is the main demon that tempted Gautama.



- In Buddhism **Mara** personifies the "death" of the spiritual life... he is a tempter, distracting humans from practicing the spiritual life by making negative seem positive.

BUDDHISM SPREADS TO CHINA

- On the forty ninth day Siddhartha prevailed and received enlightenment, he now understood the issue of suffering and the means by which humans could eliminate it from the world.



- At that point, Siddhartha became the **Buddha “Enlightened One”**

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- The Buddha publicly announced his doctrine for the first time in 528 B.C.E. at Deer Park of Sarnath, near the Buddhist holy city of **Banaras**



- This sermon was delivered to his friends and was called the “**Turning Wheel of the Law**” .

BUDDHISM SPREADS TO CHINA



- **Banaras** - A city situated on the banks of the River Ganges and is regarded as a holy city by Buddhists and Jains

BUDDHISM SPREADS TO CHINA



BUDDHISM SPREADS TO CHINA



BUDDHISM SPREADS TO CHINA

- His teachings quickly gained attention and for more than forty years Buddha led his disciples throughout much of northern India in hopes of bringing spiritual enlightenment to others.



- All they brought were their yellow robes and bowls.

BUDDHISM SPREADS TO CHINA

- The core of Buddhism is known as the **Four Noble Truths**, which teaches:



1) **Truth of Suffering** – Life is full of suffering, full of sickness and unhappiness.

BUDDHISM SPREADS TO CHINA



2) **Truth of the Cause of Suffering** - People suffer because they desire things. (**Greed**)

BUDDHISM SPREADS TO CHINA



3) **Truth to the End of Suffering** - It is possible to end suffering and open the door to lasting peace.

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4) **Truth of the Middle Path** - By changing your thinking and behavior you can find happiness

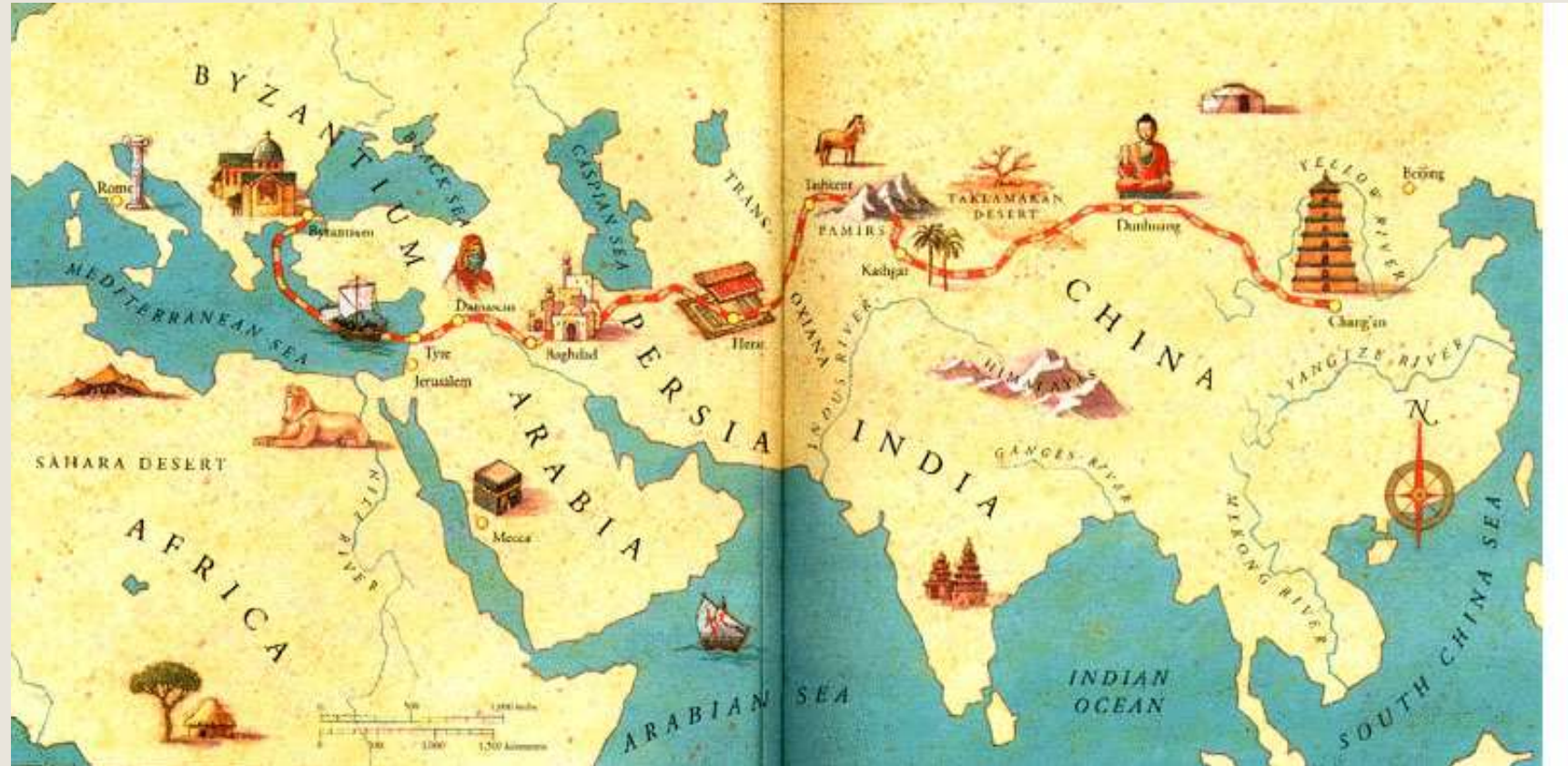
RELIGIONS OF INDIA

- The **Four Noble Truths** can be obtained if a person was to follow the **Eight Fold Path**, which is a set of guidelines for individuals to live by.
- Together these constitute the Buddhist doctrine or the **Dharma** shared by all Buddhist sects.



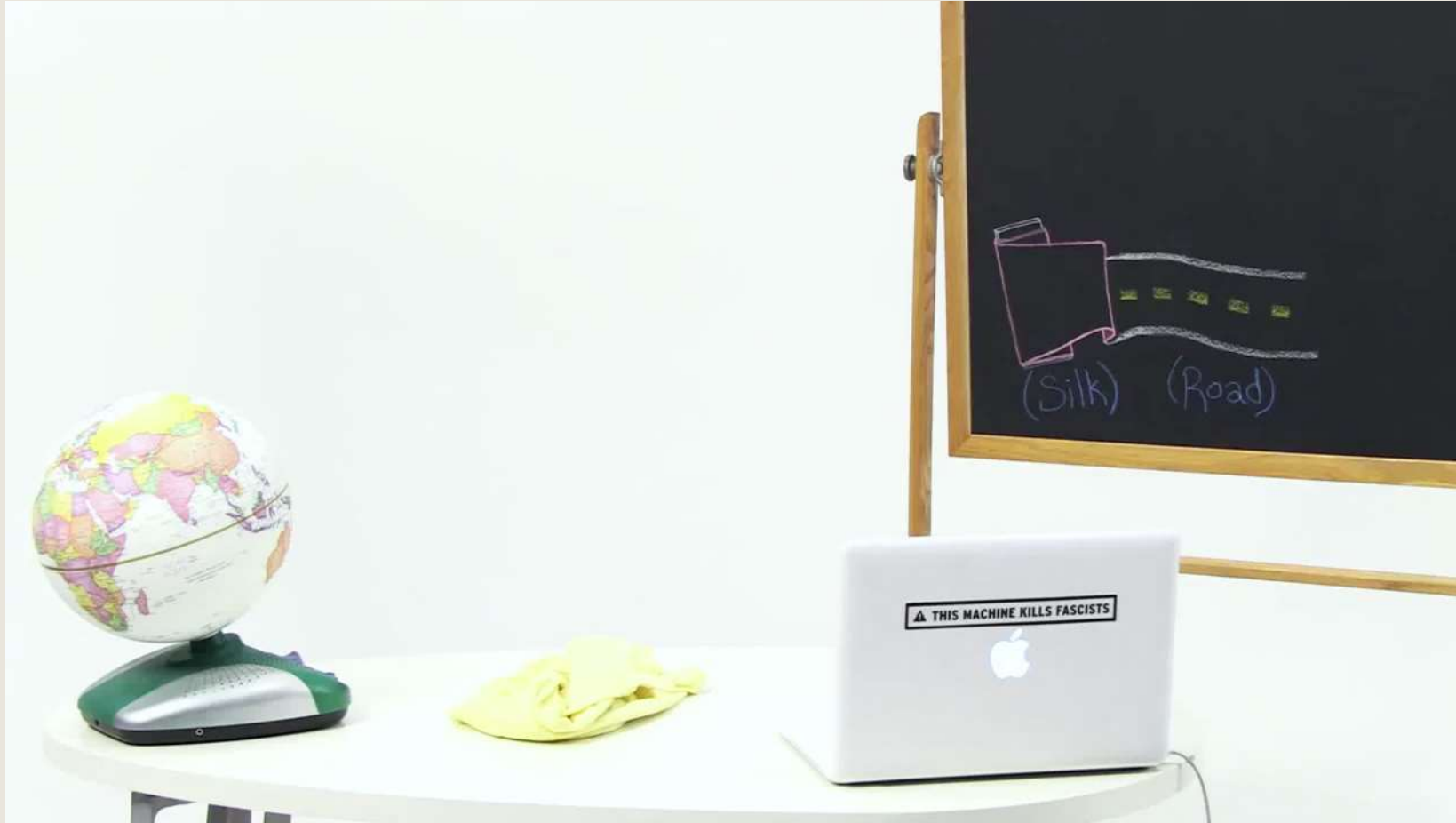
BUDDHISM SPREADS TO CHINA

- Last year you learned that traders and missionaries from India brought **Buddhism** to China in 150 C.E.



- Most likely these missionaries and traders were traveling along the **Silk Road** when they shared their Buddhist beliefs.

BUDDHISM SPREADS TO CHINA



BUDDHISM SPREADS TO CHINA



It is important to understand that during this spread of Buddhist teachings the Han Dynasty was completely weak and soon collapsed into a Civil War...the repercussions of this war lasted for over 300 years.

BUDDHISM SPREADS TO CHINA

- People everywhere were suffering unimaginable pain from the war.



- This was a time of great sorrow for China, farms were destroyed, there were constant food shortages and villages were being destroyed frequently.

BUDDHISM SPREADS TO CHINA

- The central idea behind Buddhism is to teach people how to escape their suffering.



- This attracted many Chinese people who were seeking peace and comfort

BUDDHISM SPREADS TO CHINA

■ Lecture Check:

- Answer the following question in an open ended response. Each answer must be 1-2 sentences.
 - How would a civil war in the United States today effect our lives? What would change and where would you turn to for help?

CHINESE BUDDHISM

- Early Tang rulers were not Buddhist, but they allowed Buddhism to be practiced in China.



- They even supported the building of Buddhist Temples and statues.

CHINESE BUDDHISM

- This really was a time of great change in Chinese history and many Chinese Buddhist actually became monks and nuns.



- These Buddhist monks lived in enormous **monasteries** where they meditated and studied scripture daily.

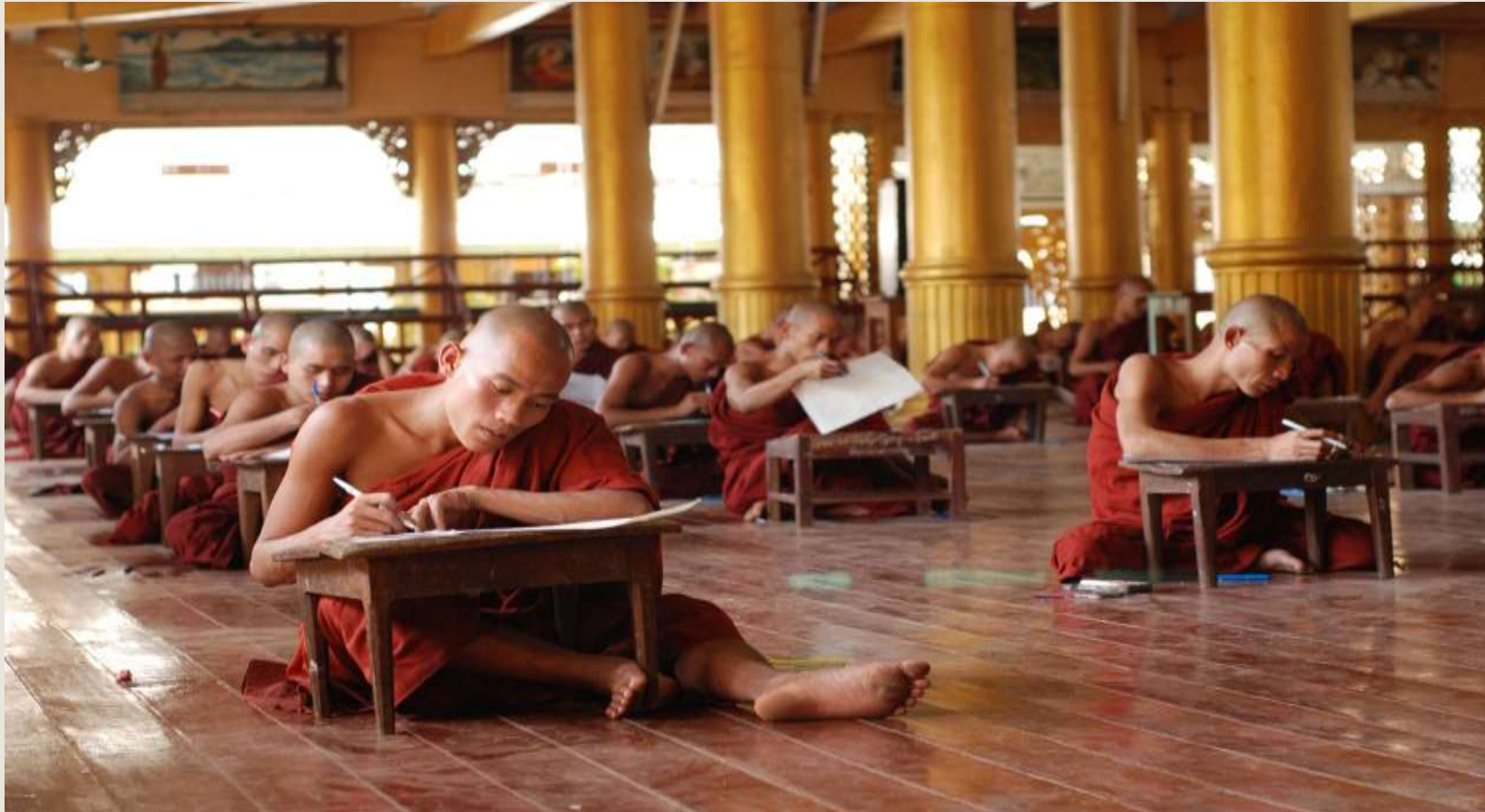
CHINESE BUDDHISM



- **Monastery** – a community of people, especially Monks, bond by vows to a religious life. Many monks and nuns live in complete seclusion.

CHINESE BUDDHISM

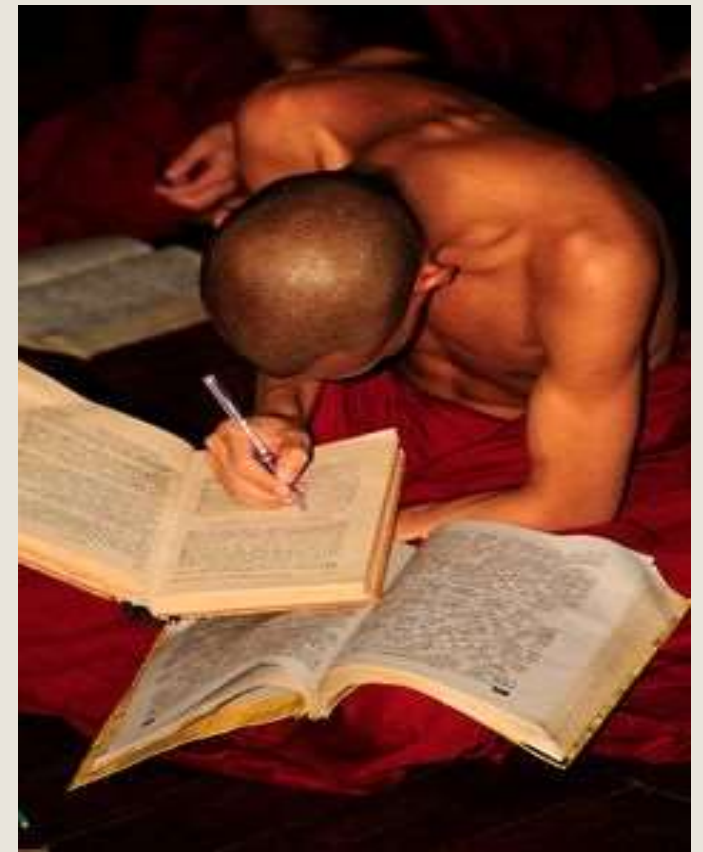
- Buddhist temples and monasteries provided services for communities.



- Monks ran schools and provided shelter and food for travelers.

CHINESE BUDDHISM

- Buddhist monks studied medical books and became very knowledgeable with different types of medical care.



- In some cases monks would even serve as bankers.

CHINESE BUDDHISM

- Not all Chinese people liked the ideals and beliefs found in Buddhism.



- Many thought that it was wrong for Buddhist temples and monasteries to accept donations.

CHINESE BUDDHISM



- Some people even believed that monks and nuns weakened respect for the family life due to the fact that they did not marry.

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CHINESE BUDDHISM



- In the early 800's C.E., Tang officials feared Buddhism's growing power and even saw the religion as an enemy of China's traditions.

CHINESE BUDDHISM

- In 845 C.E. the Tang had many Buddhist monasteries and temples destroyed.



- The **Great Anti Buddhist Persecution** was initiated by Tang **Emperor Wuzong**

CHINESE BUDDHISM

- The oppression reached its height in the year 845 C.E. and was meant to cleanse China of **all** foreign influences, not only Buddhism.



- Only the native Chinese ideologies of **Confucianism** and **Taoism** survived the upheaval relatively unaffected...Buddhism in China never fully recovered.

CHINESE BUDDHISM

- **Questions:**

- 1) How did the Tang Dynasty originally support Buddhism?

- 2) Where did Buddhist monks live and study their faiths?

- 3) What types of jobs did the monks see to while they studied at monasteries?

CHINESE BUDDHISM

- **Questions:**

- 1) How did the Tang Dynasty originally support Buddhism?

 - **They built Temples and Statues**

- 2) Where did Buddhist monks live and study their faiths?

 - **Monasteries**

- 3) What types of jobs did the monks see to while they studied at monasteries?

 - **Teachers, Doctors and Bankers**

CHINESE BUDDHISM SPREADS EAST

- Korea was able to break away from China during the fall of the Han Dynasty in 220 C.E.



- For several hundred years after, Korea was divided into three separate kingdoms...however they did share a connection with the rest of Asia... **Buddhism**.

CHINESE BUDDHISM SPREADS EAST

- In the 300's C.E., Chinese Buddhists brought their religion to Korea.



- In about 660 C.E., the Koreas united into a single country, with the new government completely supporting Buddhism. (**Korean celebration of the Buddha's birthday, May 10th**)

CHINESE BUDDHISM SPREADS EAST



CHINESE BUDDHISM SPREADS EAST



- Buddhism was able to grow stronger within Korea and bring solace to the people of this struggling new country.

CHINESE BUDDHISM SPREADS EAST

- Buddhism later spread to the nearby islands of Japan.
- According to legend, one of Korea's kings wrote to the Japanese emperor.



CHINESE BUDDHISM SPREADS EAST

- The letter contained a statue of the Buddha and Buddhist writings stating, “**This religion is the most excellent of all teachings**”.



- As time passed, Buddhism won many followers in Japan as well and the variation of **Zen Buddhism** is widely practiced there today.

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CHINESE BUDDHISM SPREADS EAST

- What is **Zen Buddhism**??



- Zen is a school of **Mahayana Buddhism** that developed in China during the 6th century as Chán, from China...Zen spread south to Vietnam, northeast to Korea and east to Japan, where it flourished.

CHINESE BUDDHISM SPREADS EAST



- The word **Zen** is derived from the Japanese pronunciation of the Chinese word **Chán**, which can be translated as "**meditative state**".

CHINESE BUDDHISM SPREADS EAST

- **Zen** emphasizes insight into Buddha's nature expression of this insight in daily life, especially to help benefit others.



- Zen favors direct understanding through **zazen** which means "seated meditation" and interaction with an accomplished teacher.

CHINESE BUDDHISM SPREADS EAST

- The Japanese **Zen Garden**, creates a miniature stylized landscape through carefully composed arrangements of **rocks**, **water features** and uses **gravel** or **sand** that is raked to represent ripples in water.



- Classical Zen Gardens were intended to imitate the essence of nature, not its actual appearance, and to serve as an aid to meditation about the true meaning of life.

CHINESE BUDDHISM SPREADS EAST



CHINESE BUDDHISM SPREADS EAST

■ Questions:

- 1) What did the Korean King say and send to the Emperor of Japan?
- 2) What school does Zen Buddhism belong too?
- 3) What does the term **zazen** mean?

CHINESE BUDDHISM SPREADS EAST

■ Questions:

- 1) What did the Korean King say and send to the Emperor of Japan?
 - **A letter and statue of the Buddha stating, "This religion is the most excellent of all teachings".**
- 2) What school does Zen Buddhism belong too?
 - **Mahayana Buddhism**
- 3) What does the term **zazen** mean?
 - **"Seated meditation" and interaction with an accomplished teacher**

CHINESE BUDDHISM SPREADS EAST



■ History Mystery Time !!!!!

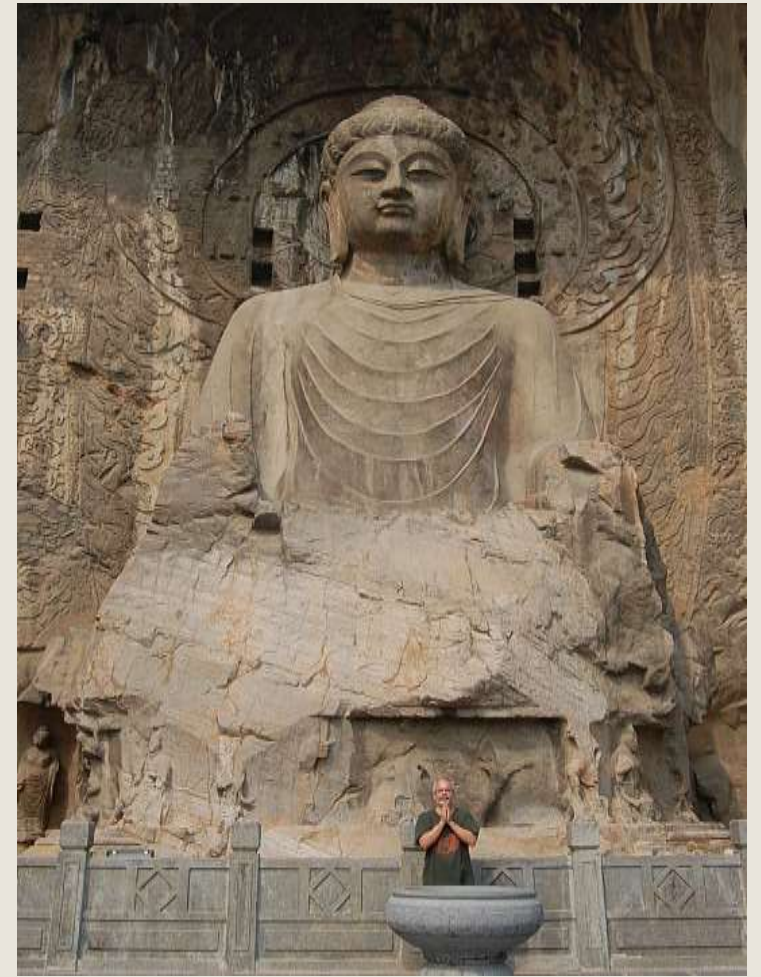
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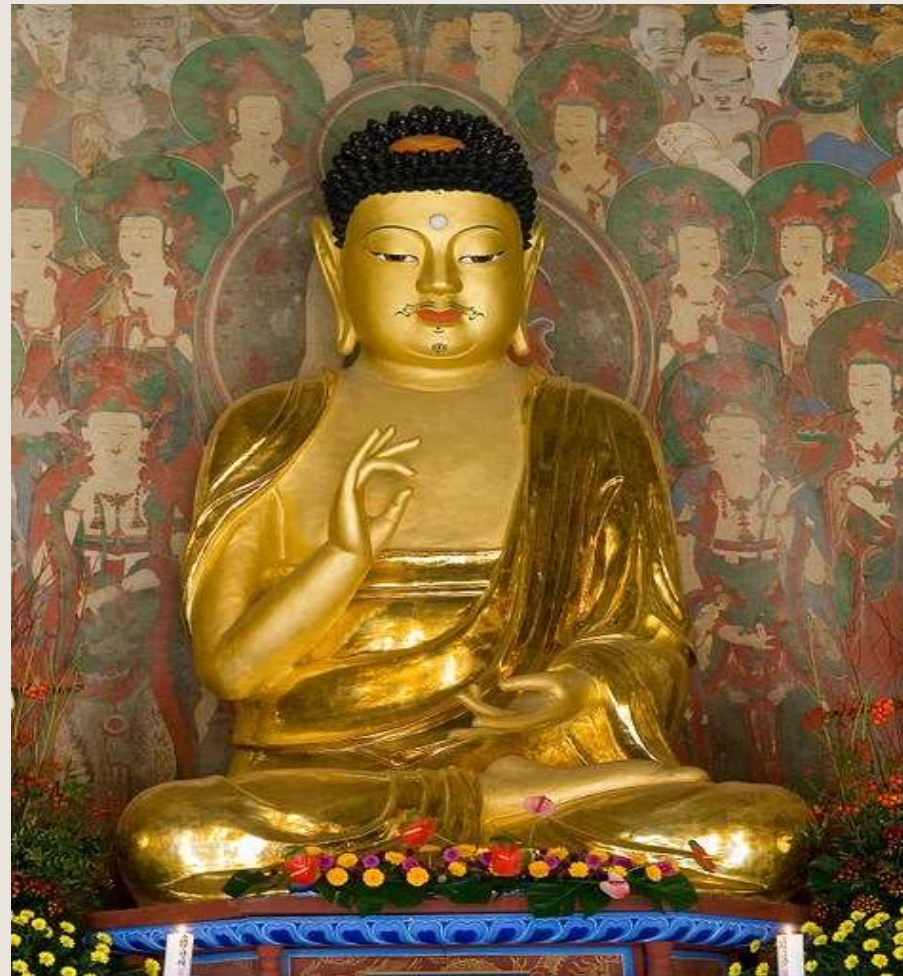
- Through the Silk Road you can see the way “Buddha” was depicted...look at the differences in the facial features...however, Christian gods remained unchanged!!! (Indian Buddha)

CHINESE BUDDHISM SPREADS EAST



■ Chinese Buddha

CHINESE BUDDHISM SPREADS EAST



■ Korean Buddha

THE SILK ROAD



■ Japanese Buddha

CHINESE BUDDHISM SPREADS EAST



- Did Jesus' image change as Christianity traveled the **Silk Road**? Why?

CHINESE BUDDHISM SPREADS EAST



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CHINESE BUDDHISM SPREADS EAST

- **Open Ended Response:**

- Answer the following questions in a 1-2 paragraph response.

- Why do you think the Buddha's image changed as it traveled along the Silk Road and the Christian images did not change?